

Where do I get a flu shot?

- Contact your doctor, healthcare provider or local health department for dates and times and places where flu vaccines are given.
- Both flu and pneumococcal vaccines are covered by Medicare, Part B.

Make sure to talk to your doctor before getting vaccinated.



Ask your doctor today about vaccines to prevent the flu and pneumococcal disease. Because with diabetes, prevention is control, and control will preserve your future.

This information is brought to you by the New Jersey Department of Health and Senior Services.



Jon S. Corzine
Governor

Fred M. Jacobs, M.D., J.D.
Commissioner

If You Have Diabetes, A Flu Shot Could Save Your Life!



If you live with diabetes you are more likely to die with the flu. Talk to your doctor.

Where do I get a flu shot?

- Contact your doctor, healthcare provider or local health department for dates and times and places where flu vaccines are given.
- Both flu and pneumococcal vaccines are covered by Medicare, Part B.

Make sure to talk to your doctor before getting vaccinated.



Ask your doctor today about vaccines to prevent the flu and pneumococcal disease. Because with diabetes, prevention is control, and control will preserve your future.

This information is brought to you by the New Jersey Department of Health and Senior Services.



Jon S. Corzine
Governor

Fred M. Jacobs, M.D., J.D.
Commissioner

If You Have Diabetes, A Flu Shot Could Save Your Life!



If you live with diabetes you are more likely to die with the flu. Talk to your doctor.



Preserve Your Life

For people with diabetes, the flu can be more than aches and pains. It can mean longer hospitalization, even death. Diabetes can make the immune system more vulnerable to severe cases of the flu.

Flu vaccines are available at little or no cost at doctor's offices, clinics, pharmacies and grocery stores before the flu season starts in the fall. But talk to your doctor first. Some people should not get vaccinated.

Can a flu shot give me the flu?

No.

Flu vaccines do not contain a live virus, so they cannot infect you. Some people coincidentally catch a cold in a week or two following immunization. This is not a result of their flu vaccine - the flu is not a cold.

If you do develop the flu despite vaccination, the vaccine will help prevent severe illness or complications, reducing the risk of hospitalization and death.

Do I need a flu shot every year?

Yes.

Flu viruses vary from year to year so it is important to get a shot every year to be sure you're protected.

Does my family need a flu shot too?

Yes.

The flu is highly contagious, so immunizing your family not only keeps them healthy, it decreases your chances of catching the flu from your loved ones.



Preserve Your Life

For people with diabetes, the flu can be more than aches and pains. It can mean longer hospitalization, even death. Diabetes can make the immune system more vulnerable to severe cases of the flu.

Flu vaccines are available at little or no cost at doctor's offices, clinics, pharmacies and grocery stores before the flu season starts in the fall. But talk to your doctor first. Some people should not get vaccinated.

Can a flu shot give me the flu?

No.

Flu vaccines do not contain a live virus, so they cannot infect you. Some people coincidentally catch a cold in a week or two following immunization. This is not a result of their flu vaccine - the flu is not a cold.

If you do develop the flu despite vaccination, the vaccine will help prevent severe illness or complications, reducing the risk of hospitalization and death.

Do I need a flu shot every year?

Yes.

Flu viruses vary from year to year so it is important to get a shot every year to be sure you're protected.

Does my family need a flu shot too?

Yes.

The flu is highly contagious, so immunizing your family not only keeps them healthy, it decreases your chances of catching the flu from your loved ones.